#### **Proud Respect Inclusive**



#### Never Give Up Caring Empathy

### Prince Street Elementary School

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Web Sites: https://princestreet.edu.pe.ca https://www.facebook.com/princestreetschool

Principal: Natasha Bromley Vice Principal: Shylo Burke Admin. Assistant: Judy Nicholson

## MEMORANDUM

To: Parents/Guardians

From: Natasha Bromley, Principal

Re: Updates & Reminders

Date: October 10, 2023



## **Fundraising-Coupon Booklets:**

This year we are pleased to be offering the 2023 Stocking Stuffer Coupon Books as part of our fundraising efforts. Funds will continue to support various school projects. Funds will also be directed towards the purchase of medical equipment for the Pediatric Unit and Nursery Unit at the QEH.

Summer Saver Coupon Books are full of excellent "BUY ONE GET ONE" offers from everyone's favourite restaurants, attractions and service businesses. The books sell for only \$10.00 each. A great value for your family and friends!

Great way to Support our Local Businesses! Over a \$1000.00 Value! Thank You! 2023 Stocking Stuffer Coupon Book (Offers are on a "BUY ONE GET ONE" basis and expire May 1st, 2024.)



# Happy Halloween!:

Students and staff are invited to wear their Halloween costumes (no masks please) on October 31<sup>st</sup> or dress in orange and black. We will be having a school dance/activities in the gym during the afternoon.

### **Healthy Eating:**

Side  $2...\rightarrow$ 

The Public Schools Branch mandates schools to encourage and maintain supportive environments which promote healthy food choices. Studies show sugary drinks and sweets have a negative impact on a child's academic performance, learning and memory. As a result, we discourage drinks with high sugar or energy content, including caffeinated beverages (i.e. iced coffees); also, food that is high in calories from sugar, fat, and sodium but with little dietary fiber, protein or other forms of important nutritional value (i.e. candy, bars, chips, etc.) With Halloween coming, it will be important to monitor what treats your child is taking and limit these coming to school. As an alternative, we encourage servings of fresh fruit and vegetables. Students are reminded that a bowel of fresh fruit is placed on each floor daily and they are invited to "help themselves." Continued on

#### **Water Bottles:**

We continue to remind students that they must have a water bottle at school. Our fountains are filling stations; therefore, a filled water bottle is an essential item.

### **Physical Education Update:**

- -The Terry Fox Walk/Run held on Friday, October  $6^{th}$  was a huge success. Thank you for donating to this worthy cause.
- -The Prince Street School Cross Country team will be competing at the Zone 3 meet tomorrow, October 11<sup>th</sup> at the Terry Fox Complex in Cornwall. We wish Mr. Toombs and all participants good luck! (Rain Date: October 12<sup>th</sup>).
- -Ellen Beck and student volunteers from Colonel Gray High School continue with their after-school grades 4-6 girls' volleyball. Students are reminded to mark these practice dates on their calendars—Thursdays: October 12<sup>th</sup>, 26<sup>th</sup> and November 2<sup>nd</sup>.

## Call2Recycle:

Our collection of used batteries continues for the month of October. The class with the most batteries will be the winners of a pizza party!

# Home & School-Thursday, October 19th:

The first meeting for this school year will take place in the school Library at 6:30 p.m. Everyone is welcome and encouraged to attend!

### **Human Papillomavirus (HPV):**

Representatives from Public Health will be Tuesday morning, October 24<sup>th</sup> to administer vaccinations to the students in Grade 6.

# Picture Retakes-Thursday, October 26th:

If students have missed photo day, they will have another opportunity. The photographer from Everest Solutions will be here on October 26<sup>th</sup>. Retakes will also be offered. Please send in the unsatisfactory proof along with a note indicating what you would like to see corrected/improved. Proof packages are being sent home with students today.

## **Professional Learning Day-Joint Staff:**

Friday, October 27<sup>th</sup> has been designated as a Professional Learning Day for staff. As a result, there will be no classes on that day. Students will return to school on Monday, October 30<sup>th</sup>.

#### **Dates To Remember:**

October 11<sup>th</sup> (Wednesday)-a.m...Cross Country Zone 3 Meet (Rain Day: October 12<sup>th</sup>)

October 19th (Thursday)-6:30 p.m....Home & School Meeting

October 24<sup>th</sup> (Tuesday)-a.m.—Grade 6 HPV Vaccinations

October 26<sup>th</sup> (Thursday)—Picture Retakes

October 27th (Friday)...No Classes—Professional Development Day

October 31st (Tuesday)...Happy Halloween! Black & Orange Day or Costumes (no masks please)